A MESSAGE FROM THE HOSPITAL ADMINISTRATOR

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SHRINERS FRATERNITY

Established in Portland 98 years ago to help the needs of children affected by polio, we continue to evolve to meet the changing health care environment and needs of children. Part of that evolution is an update to our name; we are now Shriners Children’s Portland.

Shriners Children’s Portland experienced another challenging year as the COVID pandemic persisted and continued to impact our organization. Yet, we adapted and continued to provide outstanding pediatric orthopedic care for children in need. Generous donors like you continued to provide support and for that, we are most appreciative.

As an organization, we continue to maintain our unwavering commitment to:

• Provide outstanding patient care, research and medical education
• Improve patient outcomes and provide excellent value
• Provide a safe place for all children and teens to receive outstanding pediatric orthopedic care
• Provide care regardless of a family’s ability to pay

I would like to share some highlights from the past year:

• Recently, we converted our Medford/Rogue Valley outreach clinic to an offsite clinic that is open every Saturday and staffed by a Shriners Children’s Portland physician. The new clinic increases access to our services for our patients in southern Oregon. While our patients will still need to travel to Portland for surgery, the new weekly Medford offsite clinic can be utilized for initial or follow-up appointments, which is much more convenient and accessible.

• We expanded our presence in the David Douglas School District, located on the east side of Portland, by establishing a referral clinic to provide the opportunity for children to receive care from Shriners Children’s Portland.

• Our scoliosis challenge match raised a record amount in matching donations to support MAGEC Rod surgeries.

• We began a pediatric Sports Medicine Consortium Research program that conducts research to help children with fractures and other sports related injuries return to sports safely. Comprised of physicians, therapists and motion analysis staff dedicated to providing clinical care and research, we hope to identify children at risk of re-injury and help to guide their therapy by addressing the deficits found with the new analysis.

The support from you, our donors, has not only continued, but also increased beyond the record set in 2020. With your ongoing support, we will continue to expand and serve more kids and provide excellent care regardless of a family’s ability to pay.

Thank you for continuing to support our hospital and the children to whom we provide care.

Sincerely,

Dereesa Reid, MBA
Administrator
Shriners Children’s Portland is changing lives every day through innovative pediatric specialty care. The Portland Shriners Hospital focuses on a wide range of pediatric orthopedic conditions, including anything from fractures and sports injuries to rare diseases and syndromes. Our medical staff are leaders in the field of pediatric orthopedics, anesthesiology, pain management, spine conditions, cleft lip and palate care, and rehabilitation.

Designed with convenience in mind for patients and their families, the hospital offers a full range of services and resources under one roof so children can receive care for all of their orthopedic needs in one building. Our inpatient and outpatient units are designed to reflect the unique character of the Pacific Northwest and put children and families at ease.

Shriners Children’s Portland is a regional pediatric orthopedic hospital, serving children from Oregon, Washington, Idaho, Alaska, British Columbia, and Alberta. However, families travel from across the United States to receive our specialty care.
MISSION

- Provide the highest quality care to children with neuromusculoskeletal conditions, burn injuries and other special healthcare needs within a compassionate, family-centered and collaborative care environment.

- Provide for the education of physicians and other healthcare professionals.

- Conduct research to discover new knowledge that improves the quality of care and quality of life of children and families.

- This mission is carried out without regard to race, color, creed, sex or sect, disability, national origin, or ability of a patient or family to pay.

VISION

- Become the best at transforming children’s lives by providing exceptional healthcare through innovative research, in a patient and family-centered environment.

VISIT US ONLINE:

- portlandshrinershospital.org
- facebook.com/shrinershospital.portsland
- twitter.com/shcportland
- instagram.com/shcportland
- LinkedIn: Shriners Children’s Portland
In fall 2021, an anonymous donor agreed to match donations up to $250,000 in support of our MAGEC Rod surgery program. We are thrilled to share that, with your help, the challenge was met!

MAGEC Rod surgeries are costly to perform and unfortunately insurance does not completely cover the cost of this life-changing surgery. It is a procedure that Shriner's Children's Portland performs because it is the best for our patients. It is only because of our generous donors, who help bridge the gap between insurance and personal pay, that we are able to continue to perform this surgery.

MAGEC Rods (MAGnetic Expansion Control) is a spinal bracing and distraction system used to correct scoliosis. It is an alternative to the emotionally and physically painful treatment regimen of the traditional growing rod and one that eliminates the need for repeated surgeries. After the initial placement of the MAGEC rod, the specially designed, implanted rod is gradually lengthened from outside of the skin using magnets and avoids the need for additional anesthesia, incisions and trauma by having additional invasive surgeries. Kids are back to their normal activities in hours, not days or weeks.

Shriners Children’s Portland surgeon, Michelle Welborn, M.D., best explains the impact of this procedure. “This is a revolution in patient care. Not only is the MAGEC Rod option potentially life-saving, but it is also life-altering. Since the MAGEC Rod is lengthened non-surgically with a magnet it is painless and also removes the stress for the patient”.

Shriners Children’s Portland was the second hospital to provide this surgery in the United States in 2014 and since then, our pediatric orthopedic surgeons have performed the highest volume of MAGEC Rod procedures on the west coast – and the second highest volume in the country!

Your generosity has, and continues to, change the lives of the many children who come to us for care. Thank you for stepping up and accepting the MAGEC Rod matching challenge – the care of our children is enhanced because of contributors like you.
Generous donors

Furthering Medical Research

William and Thelma Housman established the Housman Foundation for Medical Research in 2016 in support of medical research programs such as those performed at Shriners Children’s Portland. In 2021, the Housman Foundation directed a grant to support the Sports Consortium Research program at Shriners Children’s Portland that conducts research to help children with fractures and other sports injuries return to sports safely.

Growing bodies experience injuries different than the fully developed body does. When children experience sports-related injuries, it is of the utmost importance that they are treated by clinicians who are knowledgeable in sports medicine and have the skills and experience to treat them. Shriners Children's Portland Sports Consortium Research program is comprised of physicians, therapists and motion analysis staff dedicated to providing the clinical care and research as it relates to sports injuries in children and teens.

"Shriners Children's Portland is equipped with state-of-the-art equipment and a knowledgeable staff that provides an accurate assessment for return to sports," commented Jeremy Bauer, M.D., principal investigator of the Sports Consortium Research program at Shriners Children's Portland. "With the use of our motion analysis center’s new technology we can determine if athletes are able to perform sports specific tests prior to them returning to the field or court. With this knowledge we hope to identify children at risk of re-injury and help to guide their therapy by addressing the deficits we are able to find with the new analysis".

It is through the support of generous foundations, such as the Housman Foundation for Medical Research, that Shriners Children's Portland can continue to be on the forefront of children's research programs helping to make discoveries today that will affect our kids’ outcomes tomorrow.

Motion Analysis Lab at Shriners Children’s Portland
Robert “Bob” and Mary Jane Smith are lifelong philanthropists with a passion for giving. Their generosity, spanning a lifetime, focuses on the philosophy that it is good to help others, especially when it comes to assisting young people’s development.

Since establishing their foundation in 2017, Bob and Mary Jane have encouraged their children and grandchildren to learn about, and to participate in, their philanthropic endeavors. Mary Jane says philanthropy is a family affair, dating back several generations to when her grandfather was a Shriner.

Bob and Mary Jane’s initial connection to Shriners Children’s Portland was through the ski group, Stone Ridge Runners, in which Bob participated. When one of the original members of the group retired from Shriners Children’s Portland, the group made a donation in his honor for his many years employment and from then on the Smiths have continued their support through their foundation.

Mary Jane says she understands the importance of supporting children regardless of their parent’s financial circumstances. She and Bob know that their donations are instrumental in providing kids the power they need to hope and heal.
**Grateful Parents Give Back**

Before their son, Harry, was born, Caroline and Wayne Carriker were told he would have significant health problems. Indeed, Harry entered the world with a bone growth disorder known as achondroplasia, or dwarfism, as well as universal cerebral palsy and Pallister-Hall syndrome. At the suggestion of a friend, the Carriker’s turned to Shriners Children’s Portland for help.

Dr. Sussman was Harry’s first physician. He suggested surgery to release young Harry’s tight muscles but ultimately decided against this course of treatment. The therapy and orthotics team at Shriners Children’s Portland fitted Harry with braces to support his trunk and legs and a power wheelchair to help him navigate the world.

The Carriker’s recall bringing Harry to constant physical therapy appointments during the three years he received care at Shriners Children’s Portland. They said everyone they encountered—from the reception desk to the therapists—were welcoming and supportive of their entire family, not just Harry.

“The feeling you get at Shriners Children’s is like home. They looked at Harry as a whole person,” Caroline recalled. “He received occupational, physical and speech therapy. They even helped him with feeding. It was the whole package.”

The Carriker’s could tell Shriners Children’s was different from other hospitals because Harry had access to all the specialists from every department under one roof. Caroline was offered care management services to make sure her questions were answered and their home was set up for Harry with all other family needs taken into consideration. Shriners Children’s therapy staff incorporated a home-based therapy program to make the exercises and treatments easier to understand and complete.

Of the many appointments and treatments Harry received at Shriners Children’s Portland, Caroline says one special memory stands out. Towards the end of Harry’s young life he was at an adjacent hospital, and on his last day there before he went home under hospice care, his primary Shriners Children’s physical therapist, Denee, came to see him. She went back to Shriners and returned with a power wheelchair so Harry could have one last tour around the hospital.

Harry passed away at the age of five. The Shriners Children’s Portland therapy team attended a special celebration of his life. Recalling moments like this, Caroline said the decision to give back to the hospital that gave so much to their family is an easy one.

“Shriners Children’s is fantastic at what they do. They did not want Harry to just exist. They helped him live his best life.”
After taking her first steps, 4-year-old Molly is dancing, jumping, and exploring her new abilities.

When Deborah and Chris learned that their unborn daughter was diagnosed with arthrogryposis multiplex congenita (AMC), a rare orthopedic condition, they weren’t sure what it meant. “We were told from other doctors that there wasn’t much anyone could do,” said Chris, Molly’s dad. “After we met with providers at Shriners Children’s Portland, we had a much more positive outlook.”

AMC consists of tightened joints, muscles, and tendons and affects approximately one in 3,000 individuals in the United States. The condition can appear in hundreds of different ways, ranging in severity, and typically includes visual cues such as clenched fists or club feet.

In Molly’s particular case of AMC, she was born with club feet, causing both of her feet to turn inward and upward. She also had dislocated knees, a dislocated hip, and muscle weakness in her legs. If left untreated, Molly would never be able to walk or sit comfortably in a chair.

At 6 days old, Molly had her first appointment at Shriners Children’s Portland with Ellen Raney, M.D. Along with her care team and Molly’s parents, Dr. Raney set out to help Molly gain as much independence as possible and enjoy a happy childhood.

Molly’s first appointment was scheduled on an arthrogryposis specialty clinic day where she and her parents met other patients with her same condition. “We met patients who were zipping around in wheelchairs full of life and energy,” said Chris. “Seeing others who were doing so well made me feel a lot more comfortable and optimistic about how things would go.”

Specialty clinic programs at Shriners Children’s provide patients with incredibly focused comprehensive care for complex conditions, including AMC. This interdisciplinary program allows specialists in various disciplines to assess the nuances of each case and collaborate to develop treatment plans. This collaboration ultimately results in the most well-rounded, thorough and comprehensive care for each patient.

After four surgeries, numerous rounds of serial casting to correct the positioning of her feet, and spica casting (a cast that includes one or both legs as well as the waist) to foster healing after hip surgery, Molly has gained the independence that her medical team was striving for. Not only is she walking, but Molly is a ballerina and gymnast now!

“Shriners Children’s Portland really doesn’t feel like a hospital, it feels like a community,” said Deborah. “In a world where you feel like resources are limited, Shriners Children’s has the answers. The individualized treatment that Dr. Raney has provided is not just a one-size-fits-all approach – that is what has allowed Molly to come as far as she has. And still, after all of the medical procedures she’s had, Molly continues to love going to her appointments at Shriners Children’s Portland – it’s never a battle.”

Delivering life-changing care to our patients

Exploring her World

Independently
As the oldest of seven children, Maria lived and worked on a farm and in the fields of Hood River, Oregon. She was looked up to by her younger siblings but was looked down upon by her peers. Struggling with a severe limp that challenged her physically, Maria fought just to get up from the ground without assistance. It also prohibited her from fully participating in school physical education programs and eventually led to weight issues due to inactivity. Embarrassed and in pain, Maria went through her early childhood days keeping to herself while quietly dealing with the discomfort that surged through her hips and legs.

Maria's parents took her to various doctors in the Hood River area but after every exam and x-ray, they were told that nothing was wrong; they were told that she needed more calcium, that it was “growing pains” she was experiencing, or that she was simply making things up.

It was a Sunday school bus driver who noticed Maria's severe limp and convinced her mother that she should no longer be passive about the answers she was receiving and demand a referral to see the doctors at Shriners Children's Portland where they had the best pediatric orthopedic specialists. Maria's mother did not drive and spoke very little English so transportation was arranged and nine-year-old Maria did all of the English-Spanish translation during her appointment.

After a few x-rays, an exam, and meeting with Michael Aiona, M.D., at Shriners Children's Portland, Maria did not return home that day. Instead, she underwent the first of two surgeries, which would span over four years of her life, to begin the process of correcting her severe bi-lateral hip dysplasia. Left undiagnosed, her condition would have prohibited her from walking at all later in life. “It was a complete life changer,” says Maria. “My life would be completely different if it were not for the caring help of Shriners Children's Portland. We had so little and they gave us so much”.

Upon a recent visit back to Shriners Children’s Portland, Maria recalled memories of her days spent as a patient. “Coming from very little, the hospital felt like a luxury hotel to me, said Maria. “I recall many kids sleeping in the same room, fun stuffed animals, and making friends with other patients who turned into pen pals. It was my first time playing video games!”

Years later, two of Maria’s younger sisters started showing the same signs of hip dysplasia and again, Dr. Aiona performed the same life-changing surgery on her sisters just as he had for Maria.

Maria went on to graduate from Oregon State University and received her law degree from Whittier College School of Law in Southern California. She is now a practicing Immigration Law attorney who is very passionate about her job.

“I am forever grateful to Shriners Children’s Portland. The work that Shriners does is so critical and important – they will help any child become the best person they can be. I am who I am today because of Shriners,” commented Maria.
Shriners Children’s Portland is the largest pediatric orthopedic hospital in the Pacific Northwest primarily serving children from Oregon, Washington, Idaho, Alaska and western Canada.

For many years, we have held weekend outreach clinics throughout the northwest making our care more accessible to families in the communities we serve. Currently, our outreach clinics are held several times a year in Pendleton, OR, Bellingham, WA and Anchorage, AK. Recently, we converted our Medford/Rogue Valley outreach clinic to an offsite clinic that is open every Saturday and staffed by a Shriners Children’s Portland physician. The new clinic increases access to our services for our patients in southern Oregon.

Shriners Children’s Portland sees a high volume of patients from southern Oregon. Without the offsite clinic, these children and their families had to make the 5+-hour trip to Shriners Children’s Portland to receive treatment. For some patients, this trip is made several times a year. While our patients will still need to travel to Portland for surgery, the new weekly Medford offsite clinic can be utilized for initial or follow-up appointments, which is much more convenient and accessible.

The Medford offsite clinic currently provides the following services:

- General pediatric orthopedic care
- Clubfoot
- Tarsal conditions and painful feet
- Hip dysplasia
- Pediatric sports medicine
- Pediatric fractures and sports injuries
- Knee and leg conditions
- Cerebral palsy
- Spina bifida
- Scoliosis and spinal deformities
- Post-op patients
Shriners Children's
Portland

**by the NUMBERS 2021**

- **16,744** patient visits
- **11** pediatric orthopedic surgeons
- **29** beds in our kid-friendly, family-centered facility
- **18,507** O&P patients seen
- **2,889** specialized prosthetics and orthotics made
- **4,691** therapy procedures
- **598** Motion Analysis Center visits
- **97** years in Portland
- **804** Telehealth visits
- **9,359** radiology procedures
- **1,937** surgical hours

**NEW** open Nov 2021

**SHRINERS CHILDREN'S MEDFORD CLINIC**

Learn more at shrinerschildrens.org/portland

2021 Development Report
Awards & Accolades

Charity Navigator
Four Star Charity

Press Ganey
2021 Pinnacle of Excellence

Top Docs
Portland Monthly Magazine
MEET OUR TEAM

Robert M. Bernstein, M.D.
Chief of Staff
Pediatric Orthopaedic Surgeon
Scoliosis & Spinal Deformity, Skeletal Dysplasias, General Pediatric Orthopaedics

Jeremy P. Bauer, M.D.
Pediatric Orthopaedic Surgeon
Pediatric Sports Medicine, Lower Extremity Deformity, Hip Dysplasias, and Neuromuscular Disorders

Dominique D. Laron, M.D.
Pediatric Orthopaedic Surgeon
Pediatric Sports Medicine, Gait Abnormalities, Neuromuscular Disorders, and Cerebral Palsy

Daniel J. Bouton, M.D.
Pediatric Orthopaedic Surgeon
Scoliosis & Spinal Deformity, Adolescent Spondylolysis and Spondylolisthesis

Krister P. Freese, M.D.
Pediatric Orthopaedic Surgeon
Pediatric Hand & Upper Extremity Conditions

Heather M. Kong, M.D.
Pediatric Orthopaedic Surgeon
General Pediatric Orthopaedics, Injury Care, Lower Extremity Deformity

Dominique D. Laron, M.D.
Pediatric Orthopaedic Surgeon
Cerebral Palsy, Gait Analysis, Limb Length Inequality/Deformity, Clubfoot, and Hip Dysplasia

Michelle C. Welborn, M.D.
Pediatric Orthopaedic Surgeon
Spinal Deformities & Scoliosis

Kathryn O. Fuchs, M.D.
Pediatric Orthopaedic Surgeon
Neuromuscular Disorders, Hip Dysplasias, Lower Extremity Inequality/Deformity, Clubfoot, Musculoskeletal Infections

Ellen M. Raney, M.D.
Pediatric Orthopaedic Surgeon

2021 Development Report
We are grateful to all our donors who support the children we care for at Shriners Children’s Portland. Due to space constraints we are unable to list our donors below the $5,000 level. We appreciate your generosity which allows us to achieve the mission of our hospital. Donors whose names are italicized are deceased and have donated through their bequests.

**$250,000+**
Anonymous
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The Oregon Community Foundation
Jack L. Wallis

**$100,000 - $249,000**
Richard D. Bowser
Ruby V. Clark
William F. Morse
Judy A. Peterson
Paul Wuerth

**$25,000 - $99,999**
James and Marilyn Allan
Anonymous
Anonymous
Anonymous
Lois Barnett
Steve and Nancy Brockschink
B.U.L.L. Session Invitational Charity Event
Terry and Bette Carriker
Patricia R. Cook
Ned and Judy Cutright
Daughters of the Nile Foundation
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Nancy M. Gedeon
Rita Gillis
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James P. Hibbs
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Terry and Kathy Loerke
Alice McBride
Jack W. McFarland
Gary R. Mudd
Marie Oberholtz
Oregon Department of Revenue
Oregon East West All-star Football Game (Al Kader Shriners)
Richard Peters
Marilyn Richards
Dr. Rupa Shah

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**$25,000 - $99,999 (continued)**
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Robert and Mary Jane Smith Foundation
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Fred Omer Walden
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**$10,000 - $24,999**
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### $10,000 - $24,999 (continued)
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- Yencheng Soong
- Marlene Stanley
- Evelyn M. Strong
- The Swigert Foundation
- Karen Tavolacci
- UA 290 Industry Advancement Fund
- Roberta Upson
- Sally J. Wilson
- Sharon Wolfe
- Harvey and Jeanette Wyss
Shriners Fraternity

Board of Governors
The Shriners Children’s Portland Board of Governors is comprised of 18 members who represent the nine Shrine Centers that directly support the hospital, which includes; Afifi, Al Aska, Al Kader, Al Shamal, El Korah, Gizeh, Hillah, Masada, and Nile. Shriners Children’s Portland is also supported by the Daughters of the Nile, and Ladies Oriental Shrine of North America, which are both fraternal organizations affiliated with the Shriners. Involvement from the Shriners include monetary donations, volunteer support, and helping promote the medical services available at Shriners Children’s Portland.

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Shriners Hospitals for Children improves the lives of children by providing pediatric specialty care, conducting innovative research, and offering outstanding educational programs for medical professionals. Children with orthopedic conditions, burns, spinal cord injuries, and cleft lip and palate are eligible for care, regardless of the families’ ability to pay, and receive all care and services in a compassionate, family-centered environment. For more information, please visit portlandshrinershospital.org.
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